

เปิดมุมมอง  
ใหม่

# Foundation of Light, Colour and Darkness.

course

In the Liane Collot d'Herbois method  
Lecturer by Painting Therapist Sally Martin

คอร์สระยะยาวแห่งการพัฒนาด้านใจ ที่พาคุณไปสู่ความงดงามของสีอย่างแท้จริง

Module 1	10 days	25 Nov. - 5 Dec. 2017
Module 2	10 days	9 - 20 July 2018
Module 3	10 days	19 - 30 Nov. 2018

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Sienna Academy  
For Therapeutic Art and Artistic Training according to the method of Liane Collot d'Herbois

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## Light, Colour and Darkness Foundation Course

Venue: 7 Arts Healing Place, Chiang Dao, Thailand

### Introduction

Training to become a painting Therapist in the Liane Collot d'Herbois method, involves a multi-layered journey. It begins with developing more awareness for the changing qualities of light shining in the atmosphere around and how this affects the colours we see in nature. Students are trained to notice the correspondence with their own inner world of thinking, feeling and willing. The course also has a spiritual aspect connected to what is called 'archetypal', light colour and darkness. Is there an unseen spiritual presence working behind each of these visible phenomena? It has a spiritual and social aspect where in the many exercises, both practical and for self-development, the student is stimulated to stay present with the knowledge that we are all interconnected with each other and the whole of creation and that it does matter what you are thinking, feeling and doing. Following the path of this therapeutic art training with light, colour and darkness as your constant companions, enables you to live with more awareness, stronger heart forces and a more energy for carrying out your actions. You gradually develop the ability to keep yourself in balance. The journey starts with you and your own healing, and then when you are trained to work as a painting therapist, you will be able to provide the necessary healing space for the people that come to you.

Module 1: Learning to see with new eyes

Module 2: Focus on colours 'in front' of the light

Module 3: Focus on colours 'behind' the light

Case studies and diagnostic work will be presented as an introduction to this way of working.

### Dates:

Module 1: 25 November - 5 December 2017

Module 2: 9-20 July 2018

Module 3: November/ December; exact dates to be announced

### Target Group:

Coach/Trainer/Teacher/Therapist /Nurse/Parents

Main Teacher: Sally Martin

## Lecturer Profile

Sally Martin

Since 1978, Sally has been involved with anthroposophy and its practical application in daily life. For 23 years she worked in the context of the 'Camphill' organization in the UK. During this time, she completed a diploma in Anthroposophic Painting Therapy at the Emerald Foundation - a training developed by Liane Collot d'Herbois in collaboration with doctors and therapists. Meeting with Liane and her teachings opened the way to a new understanding of the spiritual background of colour. In 2001 Sally moved with her family to Australia; since then she has provided many diverse training opportunities for people wishing to explore this method both artistically and therapeutically. In 2008 she founded The Sienna Academy which provides a path of training to become a Painting Therapist. Sally has worked for 16 years as a Painting Therapist at the Noosa Pengari Steiner School on the Sunshine Coast, and runs a private practise at her own home



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